









- 1. Apply one piece of self-adhesive hook to the bottom of AFO where the lower section of the T-Strap will be attached.
- 2. Properly align the foot on the F3 AFO (including modification additions such as insole, postings, etc.). Align the Thrive Logo over the medial malleolus. Secure the T-Strap by wrapping around the ankle towards the strut.
- 3. With a removable marker, note where the top and bottom of the strap fall on the strut when T-Strap is secured.
- 4. Remove the T-Strap and apply one piece of self-adhesive hook between markings.
- 5. Secure T-Strap to the strut via hook, secure by feeding the strap through the D-Ring, and cinch closed.
- 6. Pull down the lower section and secure it to the bottom of the AFO footplate.

**NOTE:** Heel height will slightly increase because of the additional material. You can trim off any excess strap material once the fitting is complete.

**Indications:** Moderate to severe ankle instability that cannot be controlled by traditional foot orthosis.

**Contraindications:** Ulcers on or near contact areas, moderate to severe edema, moderate to severe foot deformities, or conditions adversely affected by compression.

**Washing Instructions:** Washing Instructions: Hand wash in warm water with mild soap. Air dry. Do not machine wash, machine dry, or dry clean.



SYMMETRY STRAP™



The Thrive Othopedics Symmetry Strap™ is intended for use in compination with the Thrive AFO products paired with custom foot orthotics that were made to meet the patient's unique foot and ankle positioning requirements.

Manufactured in China for Thrive Orthopedics, LLC 387 Ridge Point Drive Carmel, IN 46032

Product Disclaimer: This product should be used only with the guidance and expertise of a licensed professional, in accordance with the referring physician's treatment plan. Outcomes may vary based on factors such as unique anatomy, age, overall health, compliance or lack thereof with directions provided by manufacturer, practitioner, or physician. Thrive Orthopedics does not make any specific recommendations regarding appropriate activities for the user of this product. You should IMMEDIATELY stop the use of this product and seek medical care if you experience any discomfort, redness, bruising, irritation, or blistering.

Caution: Should any serious incident occur in relation to this device, it should be reported to the manufacturer at the contact information listed on this document and the proper authority of the country or state where you are located. When treatment is complete, dispose of this device according to local laws and ordinances. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, discontinue use and immediately consult your medical professional. This device is for single patient use only. Product wear, tear, and altercations make this product unsafe to be used by more than one patient per product lifetime.

**Warranty:** Thrive Orthopedics LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of 6 months from the date of purchase. For warranty claims, please utilize the following:

- www.thriveorthopedics.com/warranty
- sales@thriveorthopedics.com
- 484-442-0494
- 387 Ridge Point Drive, Carmel, IN 46032

TSL - Universal Left



TSR - Universal Right

